

OFFICE USE ONLY:**Date received:** _____**Time received:** _____**Student Name:** _____**St. Mark 2025-2026 Grade 7 Option Choices**

As part of our ongoing commitment to provide our students with choice in their Junior High School program, we would like to gather information on option courses. **Please complete this form and return it to us promptly.** Options will be granted on space availability and order received once completed and signed by a parent/guardian. **Rankings are not guaranteed.**

If your child is registered in the Recreation Academy, your child will have one other option class. If you would like your child to be registered in Recreation, please see our website to fill out an [application and agreement](https://stmark.ecsd.net/recreation-academy) for the 2025-2026 school year: <https://stmark.ecsd.net/recreation-academy>. The application link can be found near the bottom of this webpage. *Please note that recreation academy is a user-pay program costing \$1500 per year.*

If your child is NOT participating in Recreation Academy, French and Music are mandatory for Grade 7. Your child will be automatically enrolled in these courses. For their 3rd option, **please number your choices from 1-9: one (1) being your favorite and 9 being your least favorite.** *Note: Course availability is based on student requests, teacher availability and classroom space. Not all option classes are a guarantee from one year to the next.*

CHOICE	OPTION
	Art (semester): Students will be introduced to the world of art through the exploration of line, shape, value, colour and composition in both two and three-dimensional work.
	Construction (semester): Students will develop skills in the use of tools and materials used in construction processes, and safely transform common wood materials into useful products; learn the various skills of the respective trades. During this course students will explore the units of topics of ceramics, metals, and woodworking.
	Computer Science (semester): Students will be introduced to computational thinking, through problem solving and iterative design. Also, students will learn the basics of programming and be using programs such as Scratch, HTML and Sonic Pi as tools that scaffold the programming experience to learners.
	Environmental and Outdoor Education (semester): Students will examine the management and conservation of the environment and propose actions that foster the sustainable development and use of resources.
	Film Studies (semester): Students will examine the cultural influence and value of film in our society. Students will develop the ability to think critically about films in terms of content, filming techniques and theme through analysis and evaluation. They will acquire the terminology associated with film analysis and criticism and develop an understanding of the techniques of filmmaking. Any students requesting Film Studies should note that this course requires a strong work ethic and is an academic option which extends your ELA studies.
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CHOICE	OPTION
	<u>Fit For Life</u> (semester): Students will develop competencies to be confident and motivated to lead healthy, physically active lifestyles. They will challenge themselves physically and socially as they pursue a broad range of cooperative games and athletic pursuits.
	<u>Foods</u> (semester): Students will examine the role of food, looking beyond consumption to production, visual appreciation, nutrition, meal planning, economics, and preparation; learn the various skills in the cook trade.
	<u>Drama</u> (semester): The overall goal of drama is to foster a positive self-concept in students by encouraging them to explore life by the assumption of roles and by the acquisition of dramatic skills. The imaginative exploration involves setting up a dramatic situation, “acting out” that situation, communicating within that situation and reflecting on the consequences. It is this reflection that provides the knowledge for self-development.
	<u>Design</u> (semester): Students will develop skills in construction processes, transforming wood into useful products while learning valuable trade skills. They will explore electro-technologies, create custom projects using heat presses and Adobe Illustrator. Students will learn to design stickers and buttons as well as learn basic photography to document their projects. This course blends practical skills with creative design, preparing students for various trades and enhancing their technological proficiency.
Please fill out an application for Recreation Academy	<u>Recreation Academy</u> (full year): This is a program of choice and as such is accompanied by a monthly fee which covers the cost of instruction, activities, and transportation (\$150/month). This program focuses on providing students with unique opportunities in alternative environments that will enhance their development in sport performance, health and nutrition, physical education, sports injuries, safety and life skills, teamwork and more! Students in Grade 7 who choose to participate in Recreation Academy will not be in French 7 or Music 7.
Students NOT in recreation academy: Mandatory	<u>Music 7</u> (full year): Students will learn the basics of playing an instrument including: assembly, care, embouchure, playing position, tone quality, and sound production. They will also learn some the basics in music theory and explore using notational systems. Students may attend a Jump Start Clinic in September.
Students NOT in recreation academy: Mandatory	<u>French 7</u> (full year): Students will expand on their Grade 6 oral French and be introduced to French grammar and written French work.

Student Signature: _____

Parent Name (Please print): _____

Parent Signature: _____ **Date Signed:** _____